

Tastes Likes and Dislikes!

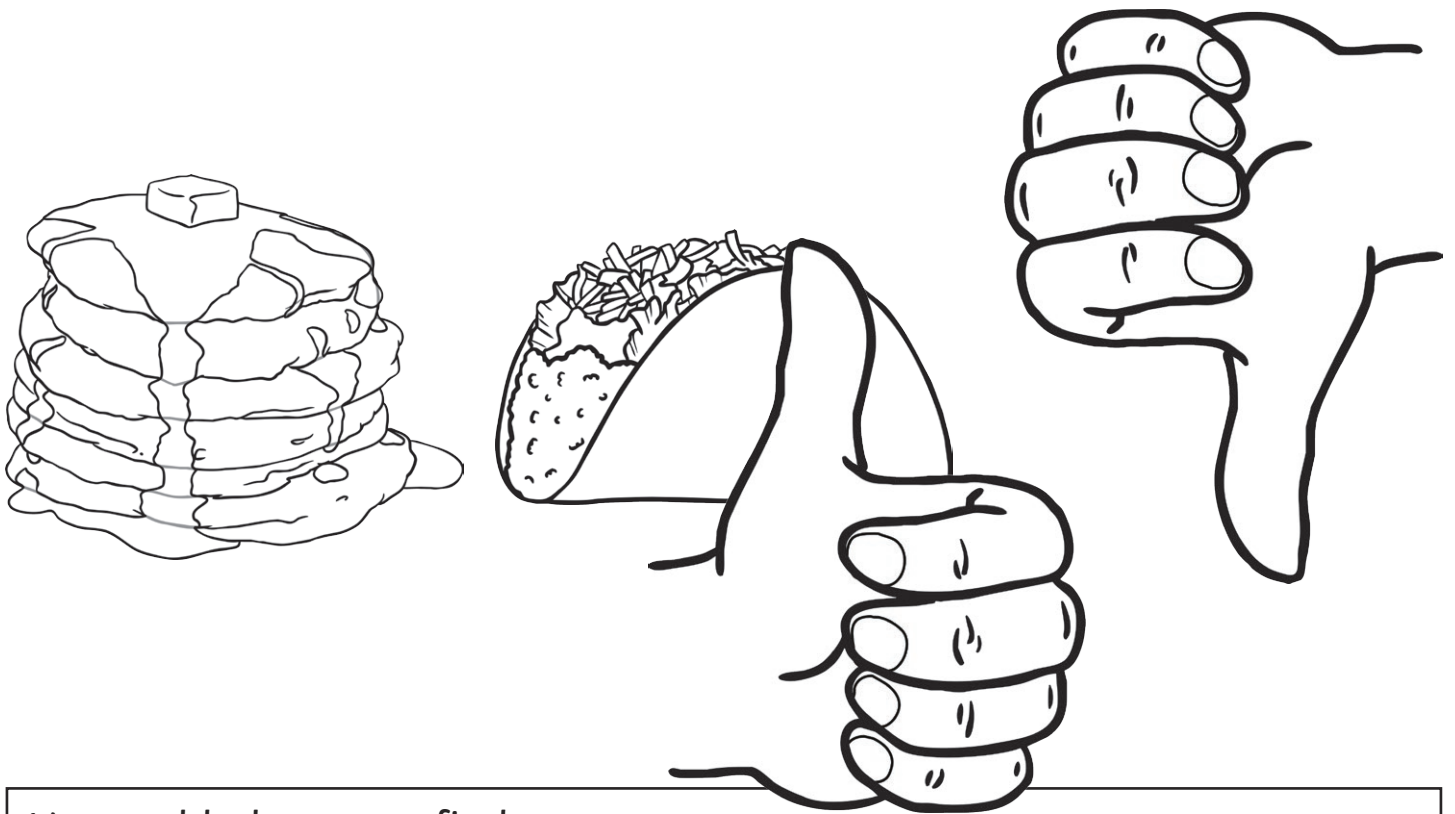
Amazing Fact

We have fewer taste buds on our tongues as we get older. Children have about 10,000, compared to 5,000 for an elderly person. This partly explains why our tastes in food may change as we get older.

Challenge

We all have tastes we like and tastes we don't like.

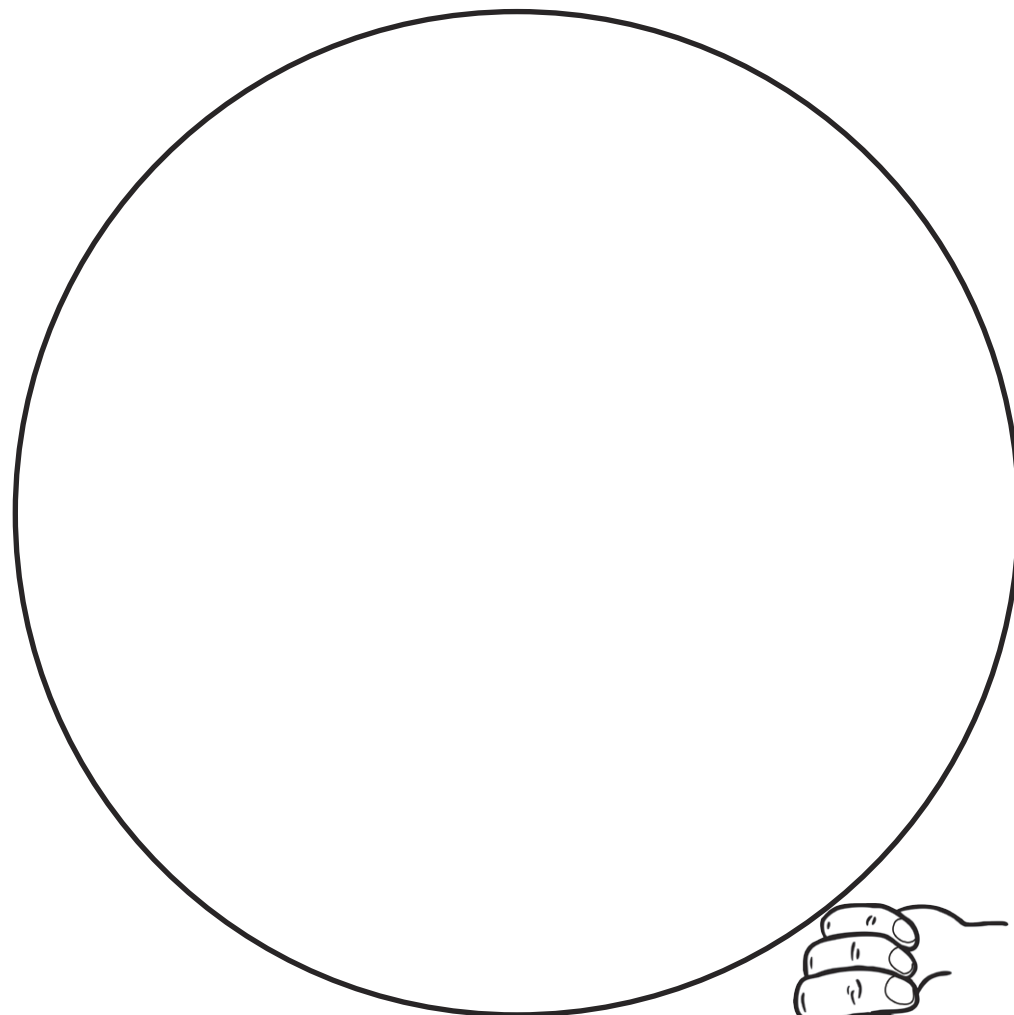
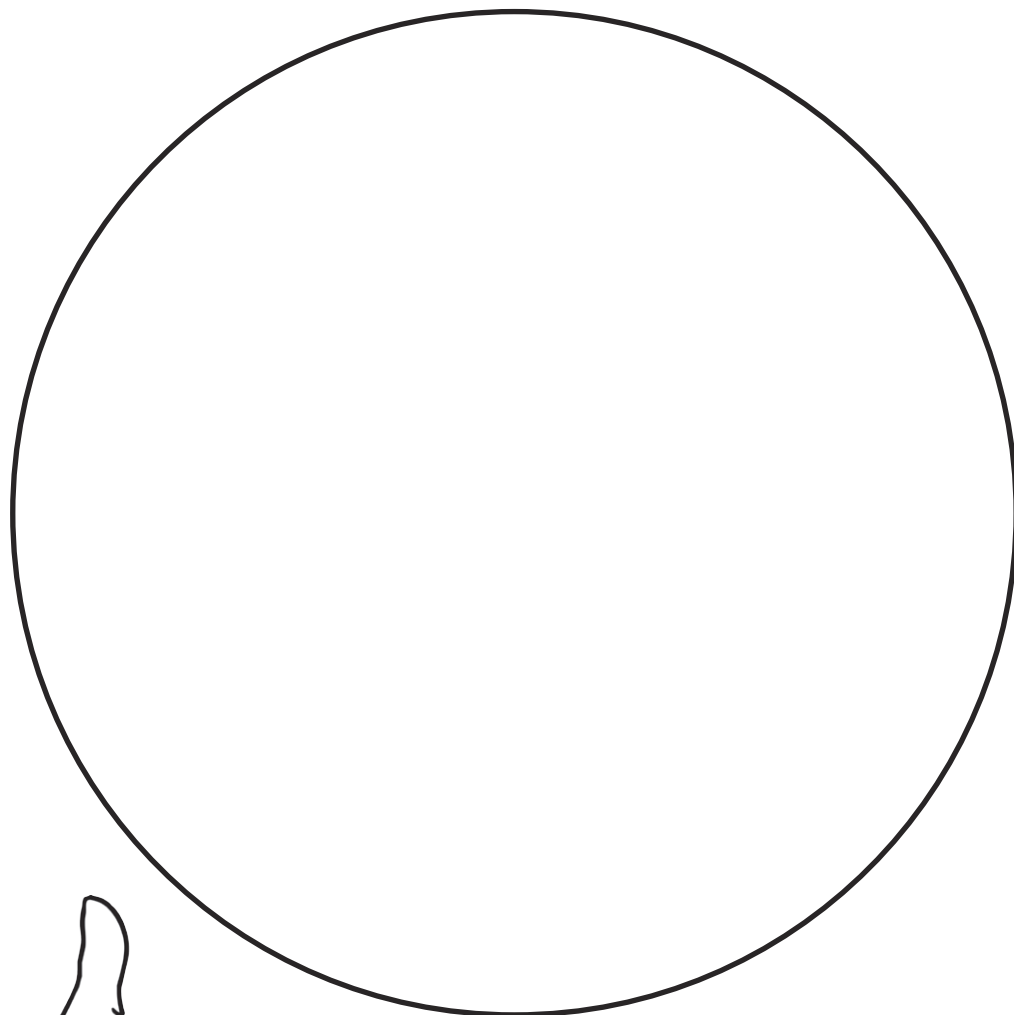
Draw or write what tastes you like and don't like in the two circles on the following page. Compare them with a friend and see if you share similar tastes!



You could also try to find out:

- which flavours your taste buds can sense;
- how they help you to eat the right things;
- what they look like;
- about the relationship between your sense of smell and your sense of taste.

Tastes Likes and Dislikes!



tastes I like



tastes I don't like